

# Beach Day!

A guide to beaches along the Pacific Ocean, from Half Moon Bay down to Pescadero.

## Poplar Beach

Take Highway 1 south of downtown Half Moon Bay. Turn right onto Poplar Avenue. Paid parking. Dog friendly. Note: There is a steep, rocky trail down to the beach, but the beach itself is flat and sandy.

## San Gregorio State Beach

Take Highway 1 south of downtown Half Moon Bay 10.5 miles. Turn right into the parking lot. Paid parking. No dogs allowed. Note: If the tide is high, there is a narrow pathway (right next to the water) to the beach involving four footsteps made into the boulders. However, the beach is very wide, flat, and sandy. There is a calm lagoon that you can swim in. There is a small, steep walking to the trail to a scenic overlook that is quite picturesque at sunset!

## Pomponio State Beach (pictured right)

Take Highway 1 south of downtown Half Moon Bay 12 miles. Turn right into the parking lot. Paid parking. No dogs allowed. Note: getting to the beach is easy—there are a few wide, gently sloping, not-rocky paths down to the beach. There is also a shallow, calm lagoon that you can swim or walk in. The beach itself is sandy and flat, and there are some places where the giant rocks form an alcove that is protected from the wind.



## Pescadero Beaches

Former Arroyo and Central students may recognize these beaches from their Outdoor Ed adventures in 5<sup>th</sup> grade! Located 15 miles south of Half Moon Bay, the Pescadero State Beach is a flat, sandy beach that includes access to a wide marshland with some hiking trails and scenic overlook decks. Note: to get to this beach, you will have to walk along a sidewalk approximately 3 minutes that is next to Highway 1. Less than a mile south is Bean Hollow State Beach. From the north side of this parking lot, there's Pebble Beach and to the south are some walking trails along a tidepool. Check tide conditions at [tides.willyweather.com/ca/san-mateo-county/pescadero-state-beach.html](https://tides.willyweather.com/ca/san-mateo-county/pescadero-state-beach.html)